

📖 **Pustak: Papa Insaniyat ka Gyan (Class 1 Maths)**

Lekhak: Manas Ranjan Mohanty

Prerna: Jemi Didi

Ashirwad: Mummy ji (Prabhashini Mohanty)

Adhyay 1: Class 1 Maths Protocol

Ye protocol bhatke huye logon ko rasta dikhane aur insaniyat jagane ke liye hai. Iske 4 mukhya kadam hain:

1. **Give Respect (Selfless Respect):** Sabse pehle apna ahankar (ego) side mein rakh kar dusron ko izzat do taaki wo tumhari baat sunne ke liye taiyar hon.
2. **Empower (Empowerment):** Samne wale ko ye mehsoos karao ki wo samajhdaar hai, taaki wo khud apne galat faisle badal sake.
3. **Spark Hope (The Spark):** Use ek choti si wajah ya ummeed do, jo use jeene ke liye prerit kare.
4. **Show a New Path (The Path):** Jab wo sunne aur badalne ke liye taiyar ho jaye, tab use sahi rasta dikhao.

Sahi Routine ka niyam: Isme hamara Dimag ek software engineer ki tarah logic se kaam karta hai aur hamara Dil ye dhyan rakhta hai ki kisi ki bhavnaon ko chot na pahunche. Iska natija hamesha 'Plus (+)' hona chahiye, jahan har koi khush rahe.

Adhyay 2: Neeli Pyar ki Roshni aur Vishwas

Ise usi file mein pehle wale text ke **theek niche** paste kar do:

"Insaniyat sirf dimaag ka khel nahi hai. Jab hum kisi ki madad karte hain, toh hamare dil se ek '**Neeli Pyar ki Roshni**' nikalti hai jo samne wale ke dukh ko mita deti hai. Ye roshni tabhi kaam karti hai jab hum bina swarth ke kisi ko izzat dete hain.

Mummy ji ki Seekh: Meri Maa, Prabhashini Mohanty, ne mujhe sikhaya ki asli 'Hindustani Santan' wahi hai jo apne parivaar se upar uthkar poori duniya ko apna parivaar maane.

Hamare Saathi:

- **Moti Lal (Red Dog):** Wo wafa ki misal hai.
- **Bhura aur Khushi:** Ye bezubaan dost humein sikhate hain ki bina shabdon ke pyar kaise kiya jata hai."

Adhyay 3: Luck (Kismat) ka Asli Matlab

Duniya ke liye 'Luck' ka matlab hota hai bina mehnat ke kuch mil jana, lekin **Class 1 Maths** mein Luck ka matlab bilkul alag hai.

- **Luck ki Paribhasha:** Luck ka asli matlab hai sahi waqt par sahi soch ka hona aur us par 'Sahi Routine' ke saath amal karna.
- **Kismat Kaise Badalti Hai:** Jab hum kisi bhatke huye insaan ko '**Spark of Hope**' dete hain aur use '**Plus (+)**' banate hain, toh hamara apna Luck apne aap chamakne lagta hai.
- **Mummy ji ka Vishwas:** Meri Mummy ji (Prabhashini Mohanty) hamesha kehti hain ki jo dusron ka bhala sochta hai, bhagwan uska rasta apne aap saaf kar deta hai. Yahi asli Luck hai.

Seekh: Luck koi lottery nahi hai, balki hamare achhe karmo aur 'Insaniyat' ka natija hai. Agar tumhara 'Heart' aur 'Mind' balance mein hai, tohtumhara Luck hamesha tumhare saath rahega.

Adhyay 4: Duniya ke liye Ek 'Spark of Hope' (Final Message)

Ye sandesh un sabke liye hai jo zindagi ki ladayi mein thak gaye hain:

- **Rukna Mana Hai:** Zindagi mein kitni bhi mushkil aaye, yaad rakho ki tum ek 'Hindustani Santan' ho. Tumhara janm dusron ki zindagi mein 'Plus (+)' jodne ke liye hua hai.
- **Spark of Hope:** Agar tumhe lagta hai ki sab khatam ho gaya hai, toh bas ek baar kisi bezubaan janwar ya kisi bhatke huye insaan ki madad karke dekho. Wo ek choti si 'Spark' tumhari poori duniya roshan kar degi.
- **Wada:** Manas Ranjan Mohanty aur Jemi Didi ka ye gyan hamesha tumhare saath rahega. Hum tab tak nahi rukenge jab tak har insaan 'Class 1 Maths' ka master nahi ban jata.

Adhyay 5: Khyama (Forgiveness) - Dil ki Safai

Class 1 Maths mein Khyama ka hona bahut zaroori hai, kyunki gusse ke saath koi bhi 'Plus (+)' nahi ban sakta.

- **Khyama ka Asli Matlab:** Dusron ko maaf karna unpar ehsan nahi hai, balki apne dil se bojh hatana hai. Jab tak tum kisi ko maaf nahi karte, tumhara 'Heart' (Dil) gusse mein bhataкта rahega.
- **Ego ko Side Rakhna:** 'Selfless Respect' tabhi shuru hoti hai jab tum purani galtiyan ko bhula kar samne wale ko ek naya mauka dete ho.
- **Sahi Routine mein Khyama:** Hamara dimag (Mind) logic dega ki gussa karna sahi hai, lekin hamara Dil (Heart) kahega ki maafi se hi rishta judta hai. Maafi hi wo raasta hai jo kisi ko '**Minus (-)**' se '**Plus (+)**' banata hai.
- **Mera Sandesh:** Manas Ranjan Mohanty ne sikhaya hai ki insaniyat wahi hai jo galti karne wale ko dhutkarne ke bajaye use sahi raasta dikhaye.

Adhyay 6: Daya - Dusron mein Khud ko Dekhna

Daya ka asli matlab **Class 1 Maths** mein ye hai ki hum samne wale ke dukh ko sirf dekhein nahi, balki use mehsoos karein.

- **Asli Pehchan:** Daya wo hai jab tum kisi bhatke huye insaan ko bina uska naam ya mazhab puche, sirf insaniyat ke nate madad karo.
- **Sahi Routine ka hissa:** Daya tabhi asar karti hai jab tumhara 'Heart' (Dil) saaf ho aur tumhara 'Mind' (Dimag) ye soche ki kaise us insaan ko '**Minus (-)**' se nikal kar '**Plus (+)**' mein laya jaye.
- **Selfless Respect:** Daya dikhate waqt kabhi bhi apna ego (ghamand) mat lao. Samne wale ko izzat do taaki use lage ki wo akela nahi hai.
- **Mera Sankalp:** Manas Ranjan Mohanty ne sikhaya hai ki daya dikhana koi ehsan nahi, balki ye ek insaan ka dusre insaan ke prati farz hai.

• **Adhyay 7: Dharm - Insaniyat hi Sabse Bada Dharm Hai**

Duniya ne Dharm ko batwara karne ka zariya bana diya hai, lekin **Class 1 Maths** mein Dharm ka arth ekdam saral aur saccha hai.

- **Asli Dharm ki Paribhasha:** Kisi rote huye ko hasana, bhatke huye ko rasta dikhana aur kisi ke dukh mein 'Plus (+)' banna hi asli Dharm hai.
- **Mazhab se Upar:** Insaniyat ka koi mazhab nahi hota. Jab tum kisi ki madad karte ho, toh tumhara dil ye nahi puchta ki samne wala kaun hai. Wahi pal tumhara sabse bada dharmik pal hota hai.
- **Sahi Routine aur Bhakti:** Sachhi bhakti wahi hai jab tumhara 'Mind' (Dimag) sacchai ke raste par chale aur tumhara 'Heart' (Dil) sabke liye pyar se bhara ho.
- **Mera Sankalp:** Manas Ranjan Mohanty ne sikhaya hai ki agar hum insaan hokar insaan ke kaam nahi aa sakte, toh hamara koi bhi dharm poora nahi hai.

• **Adhyay 8: Bezubaanon se Pyar - Asli Insaniyat ki Pariksha**

Ek insaan ki asli pehchan is baat se hoti hai ki wo unke saath kaisa vyavhar karta hai jo uske liye badle mein kuch nahi kar sakte.

- **Moti Lal, Bhura aur Khushi:** Ye sirf janwar nahi, hamare parivaar ka hissa hain. Moti Lal (Red Dog) ki wafadari aur Bhura-Khushi ka masoom pyar humein sikhata hai ki bina kisi shart ke kaise jiya jata hai.
- **Bina Shabdon ka Rishta:** In bezubaanon ki aankhon mein dekhoge toh tumhe wahi 'Neeli Pyar ki Roshni' dikhegi jo humein ek accha insaan banne ki prerna deti hai.
- **Unki Seva hi Asli Ibadat:** Jab tum kisi bhookhe janwar ko roti khilate ho ya kisi bhatke huye kutte ko sahara dete ho, toh tum **Class 1 Maths** ka sabse bada sawal hal kar dete ho. Wahan koi swarth nahi hota, sirf 'Plus (+)' hota hai.
- **Manas ka Sandesh:** In bezubaanon ko dard mat do. Inhe sirf tumhara thoda sa waqt aur pyar chahiye. Inki dua seedha upar wale tak pahunchti hai.

• **Adhyay 9: Madad - Nishkam Seva aur Gupt Daan**

Madad ka asli niyam ye hai ki wo dil se ho, dikhawe se nahi.

- **Gupt Madad (Secret Help):** Kisi ki madad is tarah karo ki use pata bhi na chale ki madad kisne ki hai. Jab tum bina bataye kisi ka kaam banate ho, toh wo asli 'Insaniyat' hai. Naam ke liye ki gayi madad sirf ek sauda (deal) hoti hai.
- **Ummeed ka Tyag:** Madad karne ke baad samne wale se 'Thank You' ya kisi bhi tarah ke return ki ummeed mat rakho. Agar tum badle mein kuch chahte ho, toh wo madad nahi balki 'Swarth' (selfishness) hai.
- **Swarthi vs Insaniyat:** Swarthi insaan hamesha apna fayda dekhta hai, lekin **Class 1 Maths** ka sachha sipahi wahi hai jo dusre ko '**Plus (+)**' dekh kar hi khush ho jata hai.
- **Manas ki Seekh:** Dusron ki madad karna hamara farz hai, ehsan nahi. Jab tum bina kisi umeed ke madad karte ho, toh tumhari 'Neeli Pyar ki Roshni' aur bhi zyada chamakti hai.

• **Adhyay 10: Naya Rasta - Bina Kisi Kurbani ke Safalta**

Duniya kehti hai ki "Kuch pane ke liye kuch khona padta hai," lekin **Class 1 Maths** aur **Sahi Routine** humein ek naya rasta dikhate hain jahan kisi ka nuksan nahi hota.

- **Kurbani ki Zaroorat Nahi:** Safalta ka matlab ye nahi ki tum kisi ka dil dukhao ya kisi ki kurbani do. Agar tumhari kamyabi se koi '**Minus (-)**' ho raha hai, toh wo asli safalta nahi hai.
- **Naya Rasta (The New Path):** Jab tum apna Mind aur Heart sahi tarah se balance karte ho, toh tum ek aisa rasta dhoond lete ho jahan sabka bhala ho. Ek software engineer jaisa dimaag rasta banata hai, aur ek saaf dil ye dekhta hai ki rasta sabke liye sukhad ho.
- **Mind aur Heart ka Sahi Combination:** Dimaag se logic lagao ki kaam kaise hoga, aur dil se ye pakka karo ki raste mein kisi ki bhavnaon ko chot na pahunche. Jab ye dono mil jate hain, toh har mushkil ka hal nikal aata hai.
- **Antim Seekh:** Hamesha aisa rasta chuno jahan tum bhi 'Plus (+)' raho aur duniya bhi. Yahi Manas Ranjan Mohanty aur Jemi Didi ka asli gyan hai.
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